FREE PRINTABLE · 2027

One Goal, One Page

Write one goal you really want this year, then turn it into a plan you can start this week.

MY GOAL FOR 2027 _____

MAKE IT SMART

S _____

M _____

A _____

R _____

T _____

QUARTERLY MILESTONES

Q1	Q2	Q3	Q4

WEEKLY HABIT

FIRST STEP THIS WEEK

LIKELY OBSTACLE

IF THAT HAPPENS, I WILL…

MONTHLY CHECK-IN: TICK EACH MONTH YOU REVIEWED THIS GOAL

- ☐ Jan
- ☐ Feb
- ☐ Mar
- ☐ Apr
- ☐ May
- ☐ Jun
- ☐ Jul
- ☐ Aug
- ☐ Sep
- ☐ Oct
- ☐ Nov
- ☐ Dec